



The following is a sample class schedule.

The itinerary, training location, and schedule may vary due to weather.

Class generally starts at 8:30 am and finishes by 5:00 pm.

| | MORNING | AFTERNOON | |
|--------------|-------------------|------------------|-------------------------------|
| Day 1 | Classroom lecture | Lunch | Classroom lecture |
| Day 2 | Build class | Lunch | Pool dives |
| Day 3 | Open-water dives | Lunch | Classroom lecture / Post-dive |
| Day 4 | Open-water dives | Lunch | Classroom lecture / Post-dive |
| Day 5 | Open-water dives | Lunch | Classroom lecture / Post-dive |